



Tiger Trot 5K & Fun Run

EARN YOUR STRIPES

May 30, 2015

Northern Columbia Community & Cultural Center, Benton, PA

Registration Time – 7:30am

Race Time – 9:00am (Fun Run)

Race Time – 9:30am (5K)

The Slaughterhouse Boyz with the help of N4C's will host a 5K Fun Run! Rain or Shine!

Course: 5K (3.3 Miles), Kids Fun Run (1 Mile) This race is timed!

Entry: 5K: \$15 pre-register; \$20 for day-of-registration

Kids Fun Run: \$10 (10 & Under)

Teams: 5 or more participants = \$15.00 per person; all teams must be registered by May 10th

Age Groups (5K): Male or Female – Current school year for 2014-2015: K-3rd, 4th-6th, 7-9th, 10th-12th
Age: 19-24, 25-35, 36-45, 46-55, 56+

Awards: First Overall Male & Female; First Male & Female Finisher from each Age Group; 1st-3rd Place Male & Female for school age; Team Spirit Awards (Largest Team, Most Team Spirit, Fastest Team). In addition to the awards for our Fun Run finishers, all Fun Run participants receive a ribbon.

Let's See Your Team Spirit! NO TEAM ENTRIES AFTER MAY 10th.

EARLY REGISTRATION DEADLINE: MUST BE POSTMARKED BY May 10th.

Pre-registered runners will receive a race t-shirt and goodie bag.

Hydration Station & Snacks Provided. Free Face Painting for the kids!

Additional forms can be downloaded at www.bentontigerswrestling.com or www.neparunner.com.

Liability waivers MUST be signed to participate. Please make checks payable to: Slaughterhouse Wrestling

Mail to: Slaughterhouse Wrestling/Tiger Trot, P.O. Box 37, Benton, PA 17814

Registration Form

Name: _____

Address: _____

Phone: _____ **Email:** _____

Date of Birth: ____/____/____ **Age:** _____ **Sex (circle one):** Male Female

T-Shirt (Adult) Size: ____ Small ____ Medium ____ Large ____ Extra Large ____ XXL/XXXL add \$1.00

T-Shirt (Child) Size: ____ Small ____ Medium ____ Large

Race Selection: ____ 5K ____ Kids' Fun Run **Team (Yes/No) Name:** _____

Please consider bringing a non-perishable food item to the race. These items will be donated to our local food bank

Waiver must be signed at day of race registration. Please include names of children under the age of 18.

Questions: Please call Stefanie Hart at 570.925.6117